

จตุคามรายช่อ

JOD MAI KHAO - ASCOT NEWSLETTER



MESSAGE FROM HEAD OF SCHOOL

Donnah Ciempka

Welcome to our first edition of "Jod Mai Khao" for the 2022 - 2023 academic school year!

The year started with our Community Picnic which was such a wonderful time for us all to come together, and enjoy having fun. Seeing our alumni, families, students and staff members together, in person celebrating the start of a school year, filled my heart and reminded me of what is wonderful about being a part of a school.

Whilst school was closed for the summer much work on our facilities occurred and we now have many new and enhanced learning areas for our students. Our Early Years building had significant work undertaken and the end result is big, open beautiful learning areas for our students. The Early Years playground received significant attention and the school hired a specialised environmental architect to design the playground to become an additional learning area for the children. Students now have the opportunity to:

- climb, swing, slide and move
- ride bikes, tricycles, and scooters
- dig in the garden, plant vegetables, and flowers, and learn about nature
- play in the sandpit, dig in the mud pit, and create imaginary games
- play in the outdoor kitchen and/or paint and draw
- swim and play in the EY swimming pool.

Our outdoor learning space has a permanent outside classroom area so teachers are able to take lessons outside and students can enjoy the glorious environment that Ascot and Thailand have to offer.

It has been a wonderful start to the year already and I am excited about what the rest of the year holds for the Ascot Community. Please do make sure you are connected to our Toddle app so we keep you updated and connected to the school, events and your students' learning.



NEWS FROM SCHOOL

Early Years

With our little ones settled in and the new school year well under way, we hope to see the end of the rainy season very soon. Meanwhile our Early Years students are enjoying their time exploring their new spaces which even include a planting area for each class. We wonder what they will grow?

Our EY3 students have been exploring teeth with Mr Tom as part of the unit "Who we are" and learning how teeth change as we grow up. While EY1 students are discovering themselves through painting and EY2 through modelling and crafts. It is a pleasure to hear the chatter in English across the Early Years and to have our children in school and using their vocabulary to communicate and connect.



Primary

In the PY building students are learning about leadership and we have just had our elections for Student Council as well as Head Students for Year 6. Each class now has their own student representative who will attend weekly meetings with our Head Students to give a voice to our student community.



Over the last few weeks we have been making relationships across the school with younger and older students sharing time together reading for World Literacy Day. Some classes enjoyed this so much that they are going to continue sharing these experiences on a regular basis. We have also acknowledged World Gratitude Day with a shared gratitude display. We will be displaying our staff and student's thoughts and feelings of gratitude outside the PY building to show our shared appreciation and positivity.



NEWS FROM SCHOOL

Secondary

Year 8 - Our year 8's have been working on a particularly interesting project in Art. They have been busy studying birds from all around the world, in particular Thailand and they then gained artistic confidence by drawing blind, with a non dominant hand and continuously, to perfect their observational skills. They then moved from 2D to 3D to create some amazing 'Anna Wili Highfield' inspired birds.



Year 12 and 13 - Our students attended a university fair at RIS on Wednesday afternoon. This was an excellent opportunity for the students to talk to representatives from universities all around the world. We will be providing further opportunities for students to attend university fairs throughout the year.



Year 12 - Our year 12 students attended an Extended Essay fair in school on Monday 19 September. The fair gave all the students a chance to talk to all of their teachers about what the requirements are to write an Extended Essay in that subject. They will be working on this throughout year 12.



Head students - Congratulations to Saskia Notari and Krit Tantatsvasdi (Pan Pan) on being selected as our Head students 2022-2023. The role of Head students involves organising and meeting with student council representatives from each year group in secondary, along with significant other responsibilities.



Saskia Notari

Krit Tantatsvasdi (Pan Pan)



AFA SPORTS ACADEMY AFTER SCHOOL ACTIVITIES PRIMARY



AFA FOOTBALL ACADEMY
TUESDAY, THURSDAY & FRIDAY
FOOTBALL
(4:00-6:00pm)

AFA SPORTS ACADEMY
MONDAY
Basketball
(4:00-5:30pm)

ASCOT DANCE&FITNESS
MONDAY
Dance : Hip-Hop/ Jazz
(3:00-4:00pm)

TUESDAY
Badminton
(4:00-5:30pm)

THURSDAY
Table Tennis
(4:00-5:30pm)

TUESDAY
Ballet Tots
"Early Years"
(2:40-3:20pm)

AFA ACTIVITIES
WEDNESDAY
Glee Club
(3:00-4:00pm)

WEDNESDAY
Fitness
(3:00-4:00pm)

THURSDAY
Drama Club
(3:00-4:00pm)

FRIDAY
Cheerleaders Dance
(2:40-3:30pm)

FRIDAY
Muaythai
(3:00-4:00pm)

AFA SPORTS ACADEMY AFTER SCHOOL ACTIVITIES SECONDARY



AFA FOOTBALL ACADEMY
MONDAY, WEDNESDAY & FRIDAY
FOOTBALL
(4:00-6:00pm)

AFA SPORTS ACADEMY
MONDAY
Badminton
(4:00-5:30pm)

MONDAY & WEDNESDAY
GIRLS FOOTBALL
(4:00-6:00pm)

TUESDAY & THURSDAY
Basketball
(4:00-5:30pm)

ASCOT DANCE&FITNESS
THURSDAY
Fitness
(4:00-5:00pm)

WEDNESDAY
Table Tennis
(4:00-5:30pm)

FRIDAY
Dance&Fitness
(3:30-4:30pm)

FRIDAY
Volleyball
(4:00-5:30pm)

AFA SPORTS ACADEMY

Welcome to Term 1 of Academic Year 2022 - 2023!

AFA Sports Academy is offering a range of sports and activities afterschool for Primary and Secondary students: Football, Basketball, Volleyball, Badminton, Table Tennis, Fitness, Personal Fitness Training, Dance, Cheerleaders, Ballet, Muay Thai, Glee Club and Drama Club.

For more information and enrollment, please contact our Sports Director Felipe Amaral: at amaral@ascot.ac.th

Our Adult Fitness and Dance classes are also back: Mondays, Wednesdays, and Fridays, 8 - 9 AM at our Dance & Fitness Studio. We're offering fitness full-body workout, fitness dance workout, yoga stretching, and Pilates.

For more information, please contact our instructor Erica: at erica@ascot.ac.th



AFA SPORTS ACADEMY SCHEDULE 2022 - 2023

AFA Sports Academy after school activities

AFA FOOTBALL ACADEMY
 Football Primary Tuesday / Thursday / Friday 4:00-6:00pm
 Football Secondary Monday / Wednesday / Friday 4:00-6:00pm
 Football Secondary Girls Monday / Wednesday 3:00-4:00pm

AFA SPORTS ACADEMY
 Basketball Primary Monday 4:00-5:30pm
 Basketball Secondary Tuesday / Thursday 4:00-5:30pm
 Badminton Primary Tuesday 4:00-5:30pm
 Badminton Secondary Monday 4:00-5:30pm
 Table Tennis Primary Thursday 4:00-5:30pm
 Table Tennis Secondary Wednesday 4:00-5:30pm
 Volleyball Secondary Friday 4:00-5:30pm

Ascot Dance&Fitness
 Dance Primary Monday 3:00-4:00pm
 Ballet Tots Early Years Tuesday 2:40-3:20pm
 Fitness Primary Wednesday 3:00-4:00pm
 Fitness Secondary Thursday 4:00-5:00pm
 Cheerleaders Dance Primary Friday 2:40-3:30pm
 Dance&Fitness Secondary Friday 3:30-4:30pm

AFA ACTIVITIES
 Clee Club Primary Wednesday 3:00-4:00pm
 Drama Club Primary Thursday 3:00-4:00pm
 Muaythai Primary Friday 3:00-4:00pm

AFA ASCOT FOOTBALL ACADEMY

TERM 1 : 2022/2023
 Date : Monday 5th September to Sunday 18th December 2022

TIME SCHEDULE

DAY	AGE GROUP	TIME
Monday, Wednesday & Friday	U13/15/17 12-17 Years Old	16:00-18:00
Monday & Wednesday	Secondary Girls U13/15/17 12-17 Years Old	15:00-16:00
Tuesday, Thursday & Friday	U7/9/11 6-11 years old	16:00-18:00

DAY	AGE GROUP	TIME
Saturday	Elite Team Training U11/13/15/17	08:00-11:00
Sunday	Friendly Matches U11/13/15/17	08:00-12:00

* 6,000 THB per term
 +1,200 THB Registration fee (free AFA uniform set)
 At Ascot International School
 9 Soi Ramkhamhaeng 118 Yek 464 Sapansung, Bangkok Thailand
 WINNING IS OUR GOAL

AFA SPORTS ACADEMY

BASKETBALL

PRIMARY Mondays
3,000 THB/ per Term

SECONDARY Tuesdays/ Thursdays
6,000 THB/ per Term

Time: 4:00-5:30pm

Starting on 5th September, 2022

Line id: coachfelipearal

AFA SPORTS ACADEMY

VOLLEYBALL

WITH COACH FRANCIS

Starting on 9th September, 2022

FRIDAYS 4:00-5:30pm

3,000 THB/ Term

SECONDARY

Line id: coachfelipearal

AFA SPORTS ACADEMY

TABLE TENNIS

Join us for a fun-filled afternoon of Table tennis!

Wednesdays / Secondary
Thursdays / Primary

4:00pm -5:30pm

3,000 THB/ Term

Line id: coachfelipearal

Starting on 7th September, 2022

AFA Sports Academy

MUAY THAI

Professional Coach

PRIMARY

Fridays 3-4 PM

3,000 THB/ per Term

Starting on 9th September, 2022

Line id: coachfelipearal

AFA After School Activities

Ascot Dance&Fitness Studio

FITNESS WORKOUT

Morning Classes:
 MONDAYS (9-10am)
 WEDNESDAYS (8-9am)

Afternoon Classes:
 TUESDAYS (4-5pm)

300 THB coupons
 10 coupons get 1 free

FULL BODY WORKOUT
 Weight training
 Train Hard
 Get Fit

WITH COACH ERICA
Line id: coachfelipearal
 Starting on 5th September, 2022

Ascot Dance&Fitness

PILATES/ STRETCHING CLASSES

BEGINNERS
 ADVANCED

Get healthy working out!
 Tone, Shape and Be Fit!!!

Fridays 8:00 - 9:00 am
 Only: 300 baht per class
 10 classes get 1 FREE!
 Coupons available with Coach Erica

*The coupons can be used at any of our adults classes.

Line id: coacherica
 At: Ascot Dance&Fitness Studio

Ascot Dance&Fitness Studio

Dance Aerobics CLASS

WITH Coach Erica

MONDAYS 8-9am

60 MINUTES OF DANCE WORKOUT TO GET LEAN AND FIT

Coupons from 300 THB
 10 coupons get 1 free

Starting on 5th September, 2022
Line id: coachfelipearal



AFA SPORTS ACADEMY SCHEDULE 2022 - 2023 (CONTINUED)

AFA After School Activities

Starting on 8th Sept. 2022

PRIMARY
Y1 to Y6

3,000 THB/ Term

COME JOIN COACH CLAUDIA

AFTER SCHOOL DRAMA CLUB

THURSDAYS | 3-4PM

Line id: coachfelipearal

Starting on 6th September 2022

Ballet Tots for Early Years

First step Ballet Classes
Tuesdays 2:40-3:20pm

Class with Coach Erica, at Ascot Dance&Fitness Studio

3,000 THB/ Term

Line id: coachfelipearal

Ascot Dance&Fitness Studio

PRIMARY FITNESS

Get fit with Coach Erica

Starting on 07th September 2022

Wednesdays 3-4 pm
3,000 THB/ Term

Ascot Dance&Fitness Studio Line id: coachfelipearal

Ascot Dance&Fitness Studio

3,000 THB/ per Term

Starting on 08 th September 2022

SECONDARY FITNESS

Thursdays
4-5 pm

INCLUDES:

- ▶ Cardio- Aerobics
- ▶ Strengthening exercises
- ▶ Stretching

MOVE!
TRAIN!
GET FIT!

Ascot Dance&Fitness Studio Line id: Coachfelipearal

Ascot Dance&Fitness Studio

Dance&Fitness Secondary

Starting on 9th September 2022
3,000 THB / Term

Fridays 3:30-4:30pm
Hip-Hop/ Jazz/ Street Dance

with Coach Erica

Line id: coachfelipearal

Ascot Dance&Fitness Studio

Dance

Primary: Y4, Y5 & Y6

Hip- Hop/ Jazz/ Street Dance

With Coach Erica
MONDAYS: 3-4 pm

Starting on 5th September 2022
3,000 THB/ Term

Ascot Dance&Fitness Studio Line id: coachfelipearal

"a school like no other"

UPCOMING EVENTS

September 2022

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

29 Wai Kru Day

October 2022

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

3-7 Wellbeing Week
5 World Teachers Day
10-11 Parent Teacher Conference
12 Last day of Term 1.1
26 First day of Term 1.2
31 Halloween Dress Up Day



Wheel of Well-being

OCTOBER 3-7 WELLBEING WEEK | A WEEK TO PROVIDE YOUNG PEOPLE WITH KNOWLEDGE, SKILLS AND TOOLS TO MANAGE THEIR OWN MENTAL HEALTH AND WELLBEING.

"a school like no other"